



IDEAL INDIAN SCHOOL, DOHA-QATAR

MODEL QUESTION PAPER 2021-22

FOR FIRST TERMINAL EXAMINATION, JUNE 2021

Physical Education

Class: **XI**

Maximum Marks: **40**

Time: **1.5 Hr**

GENERAL INSTRUCTIONS-

- (i) The question paper consists of 19 questions and all are compulsory.
 - (ii) Question nos. 1 to 9 carry 01 mark each and are Multiple Choice Questions.
 - (iii) Question nos. 10 to 12 carry 02 marks each. Answer to each question should not exceed 40-60 words.
 - (iv) Question nos. 13 to 17 carry 03 marks each. Answer to each question should not exceed 80-100 words.
 - (v) Question nos. 18 to 19 carry 05 marks each. Answer to each question should not exceed 150-200.
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SECTION –A

1. Which one of the following components is not included in Khelo India programme? 1
- (A) Playfield development (C) Talent search and development
(B) To organize cricket competitions (D) Sports for women
- OR
- “Physical education is sum of man’s physical activities selected as to kind and conducted as to outcomes.” Who said this?
- (a) J.F. Williams and C.L. Brownell (b) C.C. Covel
(c) J.B. Nash (d) Charles A. Butche
2. Which state of India in First Khelo-India Games stood at highest rank.....? 1
- (a) Delhi (b) Maharashtra
(c) Punjab (d) Haryana
3. Physical education teachers can teach in..... 1
- (a) School (b) University/collage
(c) School and University/college (d) None of the above
4. Which one is not a job related to administration in sports? 1
- (a) The post of director (b) The post of teacher
(c) The post of administrator (d) OSD (Sports)

5. Identify any one channel that provide sports coverage for 24 hours? 1
(a) ESPN (b) Star sports
(c) Sport channel (d) DD sports
6. How many discipline of sports were there in 1st Khelo India? 1
(a) 15 (b) 14
(c) 12 (d) 16
7. Ashes Cup is related to: 1
a) Basketball b) Cricket
c) Football d) Tennis
- OR**
- Objectives of Bookwatles:
(a) Physical fitness (b) Worthy use of desire time
(c) Ethical character (d) All of the above
8. _____ is not a branch of physical education. 1
a. Biomechanics c. Biochemistry
b. Psychology d. Sports Medicine
9. The Olympic Games which was scheduled to be held at _____ is postponed due to COVID-19. 1
e. London c. Tokyo
f. Sydney d. Rio de Janeiro

SECTION –B

10. Discuss the two components of khelo India programme. 2
11. (A) Identify the logo given below and write their names. 2



- (I) Asian Game
(II) Paralympics

- (III) National Games
(IV) Deaflympics



(B)

- | | |
|------------------------------|----------------------|
| (I) Asian Game | (III) National Games |
| (II) Special Olympics Bharat | (IV) Deaflympics |

12. Match List – I with List – II and select the correct answer from the code given below:

2

.LIST – I		LIST – II	
Name of the games		year	
i.	Durand Cop of Football.	1.	1877
ii.	Wimbledon champions of Tennis for men.	2.	1949
iii.	Asian Games Badminton.	3.	1888
iv.	First World Cup of Volleyball.	4.	1962

CODE				
	a	b	c	d
i-	1	3	3	4
ii-	3	1	4	2
iii-	4	4	1	3
iv-	2	2	2	1

SECTION-C

13. Discuss about performance related careers in physical education in brief? 3

14. A boy named Rajesh had polio. Even with his physical disabilities, he was very interested in games and sports. When he watched the Para Olympics, he urged his school principal to conduct sports events for physically disabled children. The principal agreed to his point and promised to conduct such events as soon as possible. 3

Based on the paragraph, answer the following questions.

- (i) What are the values shown by Rajesh?
- (ii) What are the values shown by the principal?
- (iii) What are the main objectives of Para Olympics?

15. Discuss administration-related careers in brief. 3
16. Discuss about teaching careers in Physical Education in brief. 3

OR

Write down a brief note on “khelo India” programme.

17. Write a note on career in sports industry? 3
18. Define physical education and explain objectives in details. 5
19. What are the various careers options in physical education? Discuss the Health-related career In detail? 5

OR

Write short notes on any two of the following:

- a) Career in Sports Broadcasting.
- b) Career in Sports Marketing.
- c) Career in Sports Journalism.
